

Certificate of Analysis

SAMPLE SUBMITTED: Nature's Plus SPIRU-TEIN Strawberry Shortcake, #45906
DESCRIPTION: Light beige, free-flowing powder **CONTROL #:** 0511/0522110378-27
ANALYTICAL METHOD: HPLC, GC, AA, ICP, TKN
RESULTS PER: 31 grams

INGREDIENT	CLAIM	RESULT	% OF CLAIM
Protein	14 g	15 g*	107
Magnesium	80 mg	84 mg*	105
Manganese	5 mg	5.1 mg*	102
Zinc	15 mg	16.4 mg*	109
Vitamin B6	2 mg	2.11 mg*	106
Vitamin D	400 IU	443 IU*	111
Thiamin	1.5 mg	1.7 mg*	113
Inositol	50 mg	58 mg*	116
Choline (bitartrate)	21 mg	23 mg*	110
Niacinamide	20 mg	20.2 mg*	101
Vitamin A	5,000 IU	5,074 IU**	101
Vitamin C	60 mg	64.1 mg**	107
Vitamin E	30 IU	33.6 IU**	112
Pantothenic Acid	10 mg	11.8 mg**	118
Riboflavin	1.7 mg	1.90 mg*	112
Folic Acid	400 mcg	450 mcg**	113
Vitamin B12	6 mcg	6.78 mcg**	113
Chromium	18 mcg	20 mcg**	111
Selenium	21 mcg	25.7 mcg*	122
Molybdenum	18.75 mcg	23.3 mcg**	124
Calcium	300 mg	370 mg*	123
Iron	4.5 mg	4.63 mg**	103
Potassium	180 mg	Identification established+	
Biotin	300 mcg	Identification established+	
Phosphorus	200 mg	Identification established+	
Iodine	150 mcg	Identification established+	

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), fructose, vanilla cookie crumbs (enriched wheat flour, fructose, vegetable oil, mono- and diglycerides, vanilla extract), FOS, xanthan gum, natural strawberry flavor, dried strawberry pieces, beet juice, maltodextrin, guar gum, psyllium, oat bran, microcrystalline cellulose, spirulina, apple pectin, bee pollen, lecithin, lemon bioflavonoids, papaya, bromelain and chlorophyll.++

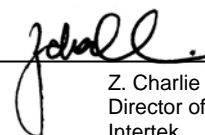
*TYPICAL ASSAY: An assay determination based on two or more lot numbers.

**ACTUAL ASSAY: An assay determination based on one lot number.

+IDENTIFICATION ESTABLISHED: Ingredient is identified by analytical method.

++BASED ON INPUT: Where no standard method can be performed, or in a combination product where there may be interference, quantities are verified by Nature's Plus.

Please see introduction of the Nature's Plus *Independent Laboratory Assay Reference Guide* for information on quality control.



Z. Charlie Li
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Intertek